



# FLIGHT PLAN



FOOD & DRINK DESTINATIONS WORTH THE TRIP



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## Flight Plan: August Edition

Get ready for the fall with these harvest vacations

Right now, the sun is doing its best work on grapes in much of the world, priming them for harvest in a few weeks. Wine lovers, pack your glasses: Here's where to head to see (and sip) the action:

**September 10**  
**Médoc, France**

### Le Marathon du Médoc

Technically, the Médoc marathon is not a food event, but you'd never know it based on how many delicious eating and drinking opportunities are offered. The route, which winds through the heart of this wine-growing region is dotted with vendors selling everything from oysters to ice cream. And after the race, wineries all over the region open their doors for special tastings and dinners. [Click here for more information.](#)



**Napa Valley, California**  
**September 11-13**

### Camp Schramsberg

This is not the camp of your childhood. Instead of bug juice, expect glasses of sparkling wine; instead of s'mores, look for sublime dishes from [Meadowood](#). Held at the pristine Schramsberg estate,

campers will get hands-on lessons in picking, crushing and fermenting grapes, and--most important--how to saber a bottle with a sword. [Click here to buy tickets.](#)

Long Island, New York

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**September 16-17**

## Harvest

Don't stop at the city: Head to the East End for gorgeous, sea-soaked views and endless options for the wine lover. Discover why wine and cheese work so well together during a seminar before heading to dinner at one of the local vineyards. The weekend will conclude with a tasting festival, where attendees will have the opportunity to try barrel samplings of the 2010 harvest. [Click here to buy tickets.](#)



**Sonoma, California**

**October 17-21**

## The Wine Harvest Culinary Camp

Perfect for the person who loves food as much as wine, this four-day intensive offers a two-pronged education. Spend part of the time in master cooking classes with visiting

chefs, then travel to nearby wineries such as [Scribe](#) and [Opus One](#) to learn about growing grapes and pairing wines. The trip will culminate with a private dinner at the [French Laundry](#). [Click here to sign up.](#)



**Paso Robles, California**

**October 21-23**

## Paso Robles Wine Harvest Weekend

For the vinophiles who'd prefer to avoid the high-profile areas like Napa, sleepy central California is a great alternative. And for one weekend during the crush, more than 150 wineries throw open their doors for special tastings, wine dinners, seminars and more. It's the ideal way for the independent traveler to get the most out of the region in a concentrated time frame. [Click here for more details.](#)



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